



# 40 DAYS FOR LIFE<sup>®</sup>

*Devotional for Day 6, Monday, March 7  
Rev. Paul Stallsworth, Lifewatch (United Methodist Church)*

## Intention:

That knowing the shortness of life, all may value it more deeply.

## Scripture:

Remember your Creator before the silver cord is loosed, or the golden bowl is broken, or the pitcher shattered at the fountain, or the wheel broken at the well.

Then the dust will return to the earth as it was, and the spirit will return to God who gave it.

—*Ecclesiastes 12:6-7*

## Reflection:

God is giver of all life. Short lived or long lived, human lives are lived out in this world.

The metaphors for death are many. But their meaning is clear and singular: all will die. Even so, death is not the absolute end. It is not the end of the story.

For as certainly as God gave life, at death the life or spirit that God gave returns to God.

By God, we are created. For God, we live our given days. To God, we return at the end of our earthly days. And with God, we live through eternity.

Clearly, all along the way, this gracious, loving God is with us. No human life is random or alone. No human life was created without purpose. Not one human life is without destiny.

All human lives, acknowledged or not, are related to God -- from beginning, to end, throughout eternity.

Therefore, in this world, all human lives are to be respected and protected, for their lives are signs of God's sovereignty.

## Prayer:

O God, we too often try to live in ways that ignore our coming death. We forget that our days are numbered by You, that at the end of our days your judgment awaits, that You are the Lord of our destiny.

Help us to repent daily, and then to live each day in joyful obedience. Lead us to live in the light and promise of eternity.

Prepare us to live fully and sacrificially.

Prepare us to die faithfully and hopefully, so that we might live forever with You. Through Jesus Christ, who has gone before us, we trust and hope and love and pray. Amen.