



# DAY EIGHT

## January 26, 2022

ESPAÑOL

## Intention

May expectant mothers choosing adoption receive grace and support in embracing this loving option.

## Prayers

*Our Father, 3 Hail Marys, Glory Be*

## Reflection

Mothers placing their children for adoption often face many challenges along the way. One of the greatest obstacles can be inaccurately perceiving adoption as abandonment. But mothers who make an adoption plan for their children are not abandoning their children. Rather, they are exemplifying the sacrificial love of Christ on the Cross in choosing to do what is best for their children, even at great cost to themselves. Like Christ, they pour out their bodies and souls for the sake of another. The Letter to the Hebrews reminds us that, in the face of fears and trials, we can “hold fast to the hope that lies before us. This we have as an anchor of the soul, sure and firm” (Heb 6:18-19). We pray that each expectant mother choosing adoption will be filled with “the peace of God that surpasses all understanding” (Phil 4:7) as she makes a loving choice for her child. Let us all cling fast to the anchor of hope, for we have received “a spirit of adoption, through which we cry, ‘Abba, Father!’” (Rom 8:15).

## Acts of Reparation *(Choose one.)*

- Do you have a sweet tooth? Or do you prefer salty snacks? Pick your favorite kind of treat, and give it up for the day.
- Look up one of the Scripture passages from today’s reflection, and spend some time with it in prayer. What is the Lord saying to you?
- Offer some other sacrifice, prayer, or act of penance that you feel called to do for today’s intention.

## One Step Further

*Accompanying Expectant Mothers Considering Adoption* suggests nine ways to offer ongoing support to a woman who is considering making an adoption plan for her unborn child. Many of the tips given are also helpful for supporting a friend who is experiencing a challenging or unexpected pregnancy, even if adoption has not been brought up. Supplemental resources regarding adoption can be found at [usccb.org/adoption-resources](https://usccb.org/adoption-resources).



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